

2016 Junior Programs



Junior Golf

Junior Golf Programs

5 to 1 ratio of students to instructor will provide better instruction on the physical aspects of golf along with the skills that make golf an enjoyable lifetime sport. Junior Golf will have a primary focus on skills and golf fundamentals. The enjoyment from Junior Golf comes from a sense of belonging, social interaction, improving skills and competition.

Future Stars

Cost: \$50 for Golf Members/\$80 for Athletic & Dining Members

We are very excited to kick off a new program for our youngest golfers, 5 and 6 year olds. This session will be 45 minutes on Wednesdays and our focus is introduction to the game of golf. It will consist of instruction and fun games around the practice facilities and golf course.

Dates	Times
Wednesday, June 15 th	9:00am-9:45am
Wednesday, June 22 nd	9:00am-9:45am
Wednesday, June 29 th	9:00am-9:45am
Wednesday, July 13 th	9:00am-9:45am
Wednesday, July 20 th	9:00am-9:45am

Junior Stars

Cost: \$120 for Golf Members/\$150 for Athletic & Dining Members

For 7-9 year olds. The student/Instructor ratio will be no more than 5 to 1. Students will work on different fundamentals each week and understand how that fundamental applies on the golf course. This session consists of 45 minutes instruction and 15 minutes on-course skills and competition. If a golfer is ready for our advanced class we will contact you (the parents) to discuss moving them up.

Dates	Times
Tuesday, June 14 th	10:15am-11:15am
Tuesday, June 21 st	10:15am-11:15am
Tuesday, June 28 th	10:15am-11:15am
Tuesday, July 12 th	10:15am-11:15am
Tuesday, July 19 th	10:15am-11:15am
Tuesday, July 26 th	10:15am-11:15am

Stars

Cost: \$190 for Golf Members/\$220 for Athletic & Dining Members

Ages 10 and up. This group will be split between 6 different Professional Instructors, with a 5 to 1 student/instructor ratio. As golf instructors we are committed to helping every junior golfer accelerate their learning. Each day students will have 45 minutes of instruction on the practice facilities and 45 minutes of on-course practice. Each student will have a chance to move into our advanced class if we feel they are ready to participate and choose to do so.

Dates	Times
Tuesday, June 14 th	8:15am-10:00am
Tuesday, June 21 st	8:15am-10:00am
Tuesday, June 28 th	8:15am-10:00am
Tuesday, July 12 th	8:15am-10:00am
Tuesday, July 19 th	8:15am-10:00am
Tuesday, July 26 th	8:15am-10:00am

Elite Stars

Cost: \$360 for Golf Members/\$390 for Athletic & Dining Members

Our advanced group will consist of Jr golfers of all ages that have shown ability and understanding of the fundamentals and are looking to constantly improve their game. There will be a competitive aspect that will help drive each Jr golfer to the next level of their game. Every Tuesday they will have 45 min. of PGA instruction and continue their day on the golf course for 9 or 18 holes. This group will have a 2 hour session of on-course PGA instruction and golf competition on Thursdays.

Dates	Times
Tuesday, June 14 th	7:00am-10:00am
Thursday, June 16 th	8:00am-10:00am
Tuesday, June 21 st	7:00am-10:00am
Thursday, June 23 rd	8:00am-10:00am
Tuesday, June 28 th	7:00am-10:00am
Thursday, June 30 rd	8:00am-10:00am
Tuesday, July 12 th	7:00am-10:00am
Thursday, July 14 th	8:00am-10:00am
Tuesday, July 19 th	7:00am-10:00am
Thursday, July 21 st	8:00am-10:00am
Tuesday, July 26 th	7:00am-10:00am
Thursday, July 28 th	8:00am-10:00am

Junior PGA League

Cost: \$225 for Golf Members/\$225 for Athletic & Dining Members

New for 2016 is the Dellwood Junior Golf Team. The team will be competing against other courses in the area. The PGA Junior Golf League is an innovative and proven way to provide more competitive junior golf rounds. Boys and girls ages 13 & under compete in a two-person scramble format which will reinforce the team concept and create an environment for learning the game.

This League will be separate from our “in-house” program. We encourage Jr. league golfers to participate in both. Our Dellwood team will be comprised of 10-14 players with at least five matches against other local facilities (Stillwater CC, Indian Hills CC, WBYC, possibly two others). Along with three home matches & three away, there will be four practice sessions here at Dellwood CC. Matches with other clubs have typically been scheduled on late Sunday afternoons & Evenings but won't be determined until late April.

Registration for the PGA Jr. League will also be separate from our “in-house” program and can be done online at: www.pgajlg.com/register after March 1st. To register, your participant must be a child/grandchild of a member of Dellwood CC (golf, athletic, or dining) and will need a password “dellwoodcc”. You can also use this website for more information on the league and what to expect from us.

Jr. Club Championship

Cost: \$20

The Junior Club Championship will feature 4-hole, 9-hole & 18-hole divisions. The 18-holers will tee off first, followed by the 9-hole players, then the 4-holers. Lunch an awards ceremony will follow play where trophies will be presented to the top finishers (lowest gross score) in each division.

Date	Time
Tuesday, August 2 nd	9:00am

2016 Junior Golf Sign-Up

Child's Name: _____ Age: _____

Child's Name: _____ Age: _____

Child's Name: _____ Age: _____

Parent(s) Name: _____

Grandparent(s) Name (if participating under their Membership):

Phone Number: _____

Member # _____ Grandparent(s) Number

Email Address: _____

**6 Week Session June 14th-July 29th
No classes the week of the 4th of July**

Future Stars (Wednesdays 9:00am-9:45am) *5 week session

5-6 Year Olds

Cost: \$50 for Golf members/\$80 for Athletic & Dining Members

Participant(s) Name:

Junior Stars (Tuesdays 10:15am-11:15am)

7-9 Year Olds

Cost: \$120 for Golf members/\$150 for Athletic & Dining Members

Participant(s) Name:

Stars (Tuesdays 8:15am-10:00am)

10 and Up

Cost: \$190 for Golf Members/\$220 for Athletic & Dining Members

Participant(s) Name:

2016 Junior Golf Sign-Up

Elite Stars

(Tuesdays 7:00am-10:00am & Thursdays 8:00am 10:00am)

Cost: \$360 for Golf Members/\$390 for Athletic & Dining Members

Participant (s) Name:

PGA Junior Golf League

Cost: \$225 for All Members

Participant (s) Name:

Junior Club Championship (Tuesday, August 2nd at 9:00am)

Cost: \$20

Participant (s) Name:

Junior Fun Day! (Tuesday, August 23rd)

Cost: \$TBD

Participant (s) Name:

Junior Tennis

Please contact Peg Kelly with any questions or comments on the Tennis Program. Direct Line:
(651) 246-1662 or by email: pkelly4@comcast.net

Swingers

Juniors ages 2-3. Kids will work on movement, balance and agility while playing fun games and activities.
Cost: \$60 for a 3 week session / \$80 for a 4 week session

Hitters

Juniors ages 4-6. The emphasis is on having fun while learning to play the game. Players will be introduced to the basic strokes, practice hand-eye coordination and court movement while learning to enjoy tennis. **Cost:** \$90 for a 3 week session / \$120 for a 4 week session

Players

Kids ages 7-9. Introduction of basic tactics and match play will be emphasized. Players will work on stroke production, court movement, tennis terminology, scoring and basic rally skills through ball feed drills and games. **Cost:** \$105 for a 3 week session / \$140 for a 4 week session

Tournament

Kids ages 10-13. These players will work on advanced stroke and movement patterns along with more advanced spins and point strategies. This class stresses stroke production, singles and doubles court positioning and movement. Kids will be encouraged to play weekly matches against other clubs to provide competitive experience. **Cost:** \$135 for a 3 week session / \$180 for a 4 week session

2016 Junior Tennis Sign-Up

Child's Name: _____ Age: _____

Parent(s) Name: _____

Grandparent(s) Name (if participating under their membership):

Email: _____

Cell Number: _____

Member #: _____ Grandparent(s) Number

Select Session(s):

____ Session I **June 13-June 30 (3 week)**

____ Session II **July 11-August 4 (4 week)**

____ Session III **August 8-September 1 (4 week)**

Class	Day	Time
____ Swingers (2-3yr)	T&TH	9:50am-10:10am
____ Hitters (4-6yr)	M&W	10:15am-11:00am
____ Hitters (4-6yr)	T&TH	10:15am-11:00am
____ Players (7-9yr)	M&W	11:00am-12:00pm
____ Players (7-9yr)	T&TH	8:45am-9:45am
____ Tournament (10-13yr)	M&W	8:30am-10:00am
____ Tournament (10-13yr)	T&TH	11:30am-1:00pm

Swim Club

The Dellwood Swim Club is a summer sports program for kids up to the age of 16. Our goal is to provide a supportive environment and a true team experience for all those involved. Joining the Swim Club is a great way to make new friends, learn about the sport and have an exciting and productive summer. Our season runs from June 13th – end of July.

We hold practice every weekday and kids can choose to compete in 8 dual meets with other teams around the metro area. Meets are held on various Tuesdays and Thursdays. On days of swim meets, there are no morning practices.

Swim Club Practice Times

Monday-Friday, Except Meet Days Begins week of June 13	10:00am-11:00am
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Interclub Swim Club 2016 Schedule

Date	Location	Time
Tuesday, June 21	Brackets @ Dellwood	10:00am Warm Up/10:30am Start
Thursday, June 23	Dellwood @ University Club	11:00am Warm Up/11:30 Start
Thursday, June 30	Dellwood @ Tennis Club	12:30pm Warm Up/1:00pm Start
Thursday, July 7	Pool Club @ Dellwood	10:00am Warm Up/10:30am Start
Thursday, July 12	Dellwood @ Town and Country	8:30am Warm Up/9:00am Start
Tuesday, July 19	WBYC @ Dellwood	9:00am Warm Up/9:30am Start
Thursday, July 21	JCC @ Dellwood	10:00am Warm Up/10:30am Start
Thursday, July 28	All Clubs @ Bluewater	8:00am Warm Up/9:00am Start

2016

Swim

Club

Sign-Up

Parent(s) Name: _____

Grandparent(s) Name (if participating under their membership):

Email: _____

Phone #: _____

Member #: _____ Grandparent(s) number

Child's Name: _____ Age: _____

Child's Name: _____ Age: _____

Child's Name: _____ Age: _____

Child's Name: _____ Age: _____

Tuition

\$125 x (# of swimmers) = \$ _____

2016

Swim

Lessons

Sign-Up

Child's Name: _____ Age: _____

Parent(s) Name: _____

Grandparent(s) Name (if participating under their membership):

Member # _____ Grandparent(s) #: _____

Phone # _____

Email: _____

Swim Lessons (Check all that apply):

____ Session I **June 13-June 30 (3 week)** **Cost: \$75**

____ Session II **July 11-August 4 (4 week)** **Cost: \$100**

____ Session III **August 8-August 26 (3 week)** **Cost: \$75**

Day	Time	✓
M&W	11:00am-11:30am	
M&W	11:30am-12:00pm	
M&W	12:00pm-12:30pm	
M&W	12:30pm-1:00pm	
M&W	1:00pm-1:30pm	
M&W	1:30pm-2:00pm	
M&W	2:00pm-2:30pm	
M&W	2:30pm-3:00pm	
T&TH	3:30pm-4:00pm	
T&TH	4:00pm-4:30pm	
T&TH	4:30pm-5:00pm	
T&TH	5:00pm-5:30pm	
T&TH	5:30pm-6:00pm	
T&TH	6:00pm-6:30pm	
T&TH	6:30pm-7:00pm	

Weather Conditions:

Some days it's cold and rainy. Swim team members and lessons swimmers will be notified prior to the start of swim club by email or the lesson by phone call. Lessons that are cancelled due to weather will be rescheduled with the instructor.

*Siblings in similar age and ability may be in lessons together.